CLIENT QUESTIONNAIRE (YF)

								Dat	e:			
Pri	mary complaint:											
	Please indicate your	usual lev	vel of pair	n during	the pas	t week:						
	0 1	2	3	4		5	6	7	8	9	10	
	No pain									w	orst possible	pain
	Does pain, numbness, tingling or weakness extend into you leg (from the low back) and/or arm (from the neck)?											
	0 1	2	3	4		5	6	7	8	9	10	
	None of the time		_			-	-		-	-	All of the	time
	How would you rate your general health?											
	0 1	2	3			5	6	7	8	9	10	
	Excellent										Poor	
	If you had to spend t	he rest o	f vour life	e with vo	ur con	dition a	as it is ri	ght now.	how w	ould vo		t?
	0 1	2	3	, . .		5	6	7	8	9	10	
	Delighted		_			-	-		-	-	Terrible	
	How anxious (e.g., tense, uptight, irritable, fearful, difficulty in concentrating or relaxing) have you been feeling during											
	past week?	· 1	0 /	,	,	5		U		0/	5	8 8
	0 1	2	3	4	5	6	7	8	9)	10	
	Not at all								I	Extrem	ely anxious	
	How much you have been able to control (i.e., reduce/help) your pain/complaint on your own during the past week ?											
•	~						-	8	ģ			
•	0 1	2	3	4	5	6	7	0		,	10	
	0 1 I can reduce it	2	3	4	5	6	1	0	-		educe it at all	
	I can reduce it Please indicate how	depresse	d (e.g., d	own-in-tł	ne-dum	ips, sad		-	Ι	can't re	educe it at all	ngs of
	I can reduce it	depresse	d (e.g., d	own-in-tł	ne-dum	ips, sad		arted, in	I low spi	can't ro rits, pes	educe it at all	ngs of
	I can reduce it Please indicate how	depresse	d (e.g., d	own-in-tł	ne-dum t week	ips, sad		-	Ι	can't ro rits, pes	educe it at all simistic, feeli	ngs of
	I can reduce it Please indicate how hopelessness) you ha 0 1 Not depressed at all	depresse ive been 2	d (e.g., de feeling in 3	own-in-th 1 the pas 4	ne-dum i t week 5	nps, sad :: 6	, downhe 7	earted, in 8	I low spi ç F	can't ro rits, pes) 10 Extreme	educe it at all simistic, feeli ly depressed	-
	I can reduce it Please indicate how hopelessness) you ha 0 1 Not depressed at all On a scale of zero to	depresse ive been 2 10, how	d (e.g., de feeling in 3 v certain a	own-in-th 1 the pas 4 re you th	ne-dum t week 5 aat you	nps, sad :: 6 will be	, downhe 7 doing no	arted, in 8 ormal acti	I low spi g F vities o	can't ro rits, pes 0 10 Extreme r worki	educe it at all simistic, feeli ly depressed ng in six mor	-
	I can reduce it Please indicate how hopelessness) you ha 0 1 Not depressed at all On a scale of zero to 1 2	depresse ive been 2	d (e.g., de feeling in 3	own-in-th 1 the pas 4	ne-dum t week 5 aat you	nps, sad :: 6	, downhe 7	earted, in 8	I low spi g E vities o 9	can't ro rits, pes 0 10 Extreme r worki 10	educe it at all simistic, feeli ly depressed ng in six mor	-
	I can reduce it Please indicate how the hopelessness) you hat 0 1 Not depressed at all On a scale of zero to 1 2 Very certain	depresse ive been 2 10, how 3	d (e.g., do feeling in 3 v certain a 4	own-in-th 1 the pas 4 re you th	ne-dum t week 5 aat you	nps, sad :: 6 will be	, downhe 7 doing no	arted, in 8 ormal acti	I low spi g E vities o 9	can't ro rits, pes 0 10 Extreme r worki	educe it at all simistic, feeli ly depressed ng in six mor	-
	I can reduce it Please indicate how the hopelessness) you have $0 1$ Not depressed at all On a scale of zero to 1 2 Very certain I can do light work for	depresse ive been 2 10, how 3 or an hou	d (e.g., do feeling in 3 v certain a 4 ur:	own-in-th n the pas 4 re you th 5	ne-dum t week 5 at you	will be	, downhe 7 doing no 7	earted, in 8 ormal acti 8	I low spir g E vities o 9 Not	can't ro rits, pes 0 10 Extreme r worki 10	educe it at all simistic, feeli ly depressed ng in six mor	-
7. 3.	I can reduce it Please indicate how the hopelessness) you hat 0 1 Not depressed at all On a scale of zero to 1 2 Very certain	depresse ive been 2 10, how 3	d (e.g., do feeling in 3 v certain a 4	own-in-th 1 the pas 4 re you th	ne-dum t week 5 at you	nps, sad :: 6 will be	, downhe 7 doing no	arted, in 8 ormal acti	I low spi g E vities o 9	can't ro rits, pes 0 10 Extreme r worki 10	educe it at all simistic, feeli ly depressed ng in six mor n at all	-
,	I can reduce it Please indicate how the hopelessness) you have $0 1$ Not depressed at all On a scale of zero to 1 2 Very certain I can do light work for 1 2 Completely agree	depresse ive been 2 10, how 3 or an hou	d (e.g., do feeling in 3 v certain a 4 ur:	own-in-th n the pas 4 re you th 5	ne-dum t week 5 at you	will be	, downhe 7 doing no 7	earted, in 8 ormal acti 8	I low spi F vities o 9 Not 9	can't re rits, pes 0 10 Extreme r worki 10 certain 10	educe it at all simistic, feeli ly depressed ng in six mor n at all	-
7. 3.	I can reduce it Please indicate how the hopelessness) you have $0 1$ Not depressed at all On a scale of zero to 1 2 Very certain I can do light work for 1 2	depresse ive been 2 10, how 3 or an hou 3	d (e.g., do feeling in 3 v certain a 4 ur:	own-in-th n the pas 4 re you th 5 5	ne-dum t week 5 at you	will be	, downhe 7 doing no 7	earted, in 8 ormal acti 8 8	I low spi F vities o 9 Not 9	can't re rits, pes 0 10 Extreme r worki 10 certain 10	educe it at all simistic, feeli ly depressed ng in six mor n at all	-
7. 3.	I can reduce it Please indicate how the hopelessness) you have $0 1$ Not depressed at all On a scale of zero to 1 2 Very certain I can do light work for 1 2 Completely agree	depresse ive been 2 10, how 3 or an hou	d (e.g., do feeling in 3 v certain a 4 ur:	own-in-th n the pas 4 re you th 5	ne-dum t week 5 at you	will be	, downhe 7 doing no 7	earted, in 8 ormal acti 8	I low spi F vities o 9 Not 9	can't re rits, pes 0 10 Extreme r worki 10 certain 10	educe it at all simistic, feeli ly depressed ng in six mor n at all y disagree	-
7. 3.	I can reduce it Please indicate how the hopelessness) you have $0 ext{ 1}$ Not depressed at all On a scale of zero to $1 ext{ 2}$ Very certain I can do light work for $1 ext{ 2}$ Completely agree I can sleep at night:	depresse ive been 2 10, how 3 or an hou 3	d (e.g., do feeling in 3 v certain a 4 ur: 4	own-in-th n the pas 4 re you th 5 5	ne-dum t week 5 at you	nps, sad :: 6 will be 6	, downhe 7 doing no 7 7	earted, in 8 ormal acti 8 8	I low spi F vities o 9 Not 9 Co 9	can't re rits, pes 0 10 Extreme r worki 10 certain 10 mpletel 10	educe it at all simistic, feeli ly depressed ng in six mor n at all y disagree	-
, . 3. 0.	I can reduce it Please indicate how the hopelessness) you have $0 \qquad 1$ Not depressed at all On a scale of zero to $1 \qquad 2$ Very certain I can do light work for $1 \qquad 2$ Completely agree I can sleep at night: $1 \qquad 2$	depresse ive been 2 10, how 3 or an hou 3 3	d (e.g., do feeling in 3 v certain a 4 ur: 4 4	own-in-th n the pas 4 re you th 5 5 5	ne-dum t week 5 aat you	nps, sad :: 6 will be 6 6	, downhe 7 doing no 7 7 7	earted, in 8 ormal acti 8 8 8	I low spi F vities o 9 Not 9 Co 9 Co	can't re rits, pes 0 10 Extreme r worki 10 certain 10 mpletel 10 omplete	educe it at all simistic, feeli ly depressed ng in six mor n at all y disagree	-
, . 3. 0.	I can reduce it Please indicate how the hopelessness) you have $0 = 1$ Not depressed at all On a scale of zero to 1 = 2 Very certain I can do light work for 1 = 2 Completely agree I can sleep at night: 1 = 2 Completely agree	depresse ive been 2 10, how 3 or an hou 3 3	d (e.g., do feeling in 3 v certain a 4 ur: 4 4	own-in-th n the pas 4 re you th 5 5 5	ne-dum t week 5 aat you d stop	nps, sad :: 6 will be 6 6	, downhe 7 doing no 7 7 7	earted, in 8 ormal acti 8 8 8	I low spi F vities o 9 Not 9 Co 9 Co	can't re rits, pes 0 10 Extreme r worki 10 certain 10 mpletel 10 omplete	educe it at all simistic, feeli ly depressed ng in six mor n at all y disagree ly disagree	-
, . 3. 0.	I can reduce it Please indicate how the hopelessness) you have $0 1$ Not depressed at all On a scale of zero to 1 2 Very certain I can do light work for 1 2 Completely agree I can sleep at night: 1 2 Completely agree An increase in pain i	depresse ive been 2 10, how 3 or an hou 3 s an indi 3	d (e.g., do feeling in 3 v certain a 4 ur: 4 4	own-in-th n the pas 4 re you th 5 5 5	ne-dum t week 5 aat you d stop	nps, sad :: 6 will be 6 6 6 what I	, downhe 7 doing no 7 7 7	earted, in 8 ormal acti 8 8 8 8 9	I low spi F vities o 9 Not 9 Co 9 Co pain de 9	can't re rits, pes 0 10 Extreme r worki 10 certain 10 mpletel 10 ompletes cereases 10	educe it at all simistic, feeli ly depressed ng in six mor n at all y disagree ly disagree	-
7. 3. 0. 1.	I can reduce it Please indicate how in hopelessness) you have $0 \qquad 1$ Not depressed at all On a scale of zero to $1 \qquad 2$ Very certain I can do light work for $1 \qquad 2$ Completely agree I can sleep at night: $1 \qquad 2$ Completely agree An increase in pain in $1 \qquad 2$	depresse ive been 2 10, how 3 or an hou 3 s an indi 3	d (e.g., de feeling in 3 c certain a 4 ur: 4 cation tha 4	own-in-th n the pas 4 re you th 5 5 5 at I shoul 5	ne-dum t week 5 aat you d stop	nps, sad :: 6 will be 6 6 6 what I	, downhe 7 doing no 7 7 7	earted, in 8 ormal acti 8 8 8 8 9	I low spi F vities o 9 Not 9 Co 9 Co pain de 9	can't re rits, pes 0 10 Extreme r worki 10 certain 10 mpletel 10 ompletes cereases 10	educe it at all simistic, feeli ly depressed ng in six mor n at all y disagree	-
0. 1.	I can reduce it Please indicate how the hopelessness) you have $0 \qquad 1$ Not depressed at all On a scale of zero to $1 \qquad 2$ Very certain I can do light work for $1 \qquad 2$ Completely agree I can sleep at night: $1 \qquad 2$ Completely agree An increase in pain i $1 \qquad 2$ Completely disagree	depresse ive been 2 10, how 3 or an hou 3 s an indi 3	d (e.g., de feeling in 3 c certain a 4 ur: 4 cation tha 4	own-in-th n the pas 4 re you th 5 5 5 at I shoul 5	ne-dum t week 5 aat you d stop	nps, sad :: 6 will be 6 6 6 what I	, downhe 7 doing no 7 7 7	earted, in 8 ormal acti 8 8 8 8 9	I low spi F vities o 9 Not 9 Co 9 Co pain de 9	can't re rits, pes 0 10 Extreme r worki 10 certain 10 mpletel 10 ompletes cereases 10	educe it at all simistic, feeli ly depressed ng in six mor a at all y disagree ly disagree	-
0.	I can reduce it Please indicate how the hopelessness) you have 0 1 Not depressed at all On a scale of zero to 1 2 Very certain I can do light work for 1 2 Completely agree I can sleep at night: 1 2 Completely agree An increase in pain i 1 2 Completely disagree Physical activity material	depresse ive been 2 10, how 3 or an hou 3 s an indi 3 exes my p 3	d (e.g., do feeling in 3 certain a 4 ur: 4 cation tha 4 ain worse	the pase of the p	ne-dum t week 5 aat you d stop	nps, sad : 6 will be 6 6 6 what I a 5	, downhe 7 doing no 7 7 7 7 am doing 7	earted, in 8 ormal acti 8 8 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	I low spi F vities o 9 Not 9 Co 9 Co pain de 9 C 9 C	can't re rits, pes 0 10 Extreme r worki 10 certain 10 mpletel 10 omplete ccreases 10 omplete ccreases 10	educe it at all simistic, feeli ly depressed ng in six mor a at all y disagree ly disagree	-
y. 3. 0. 1.	I can reduce it Please indicate how in hopelessness) you have $0 = 1$ Not depressed at all On a scale of zero to 1 = 2 Very certain I can do light work for 1 = 2 Completely agree I can sleep at night: 1 = 2 Completely agree An increase in pain i 1 = 2 Completely disagree Physical activity mall 1 = 2	depresse ive been 2 10, how 3 or an hou 3 s an indi 3 ces my p 3	d (e.g., de feeling in 3 certain a 4 ur: 4 cation tha 4 sain worse 4	the pase 4 the pase 4 the pase 4 the pase 5 the	ne-dum t week 5 aat you d stop	nps, sad :: 6 will be 6 6 what I : 5	, downhe 7 doing no 7 7 7 am doing 7 7	earted, in 8 ormal acti 8 8 9 until the 8 8	I low spi F vities o 9 Not 9 Co 9 Co pain de 9 C 9 C	can't re rits, pes 0 10 Extreme r worki 10 certain 10 mpletel 10 omplete ccreases 10 omplete ccreases 10	educe it at all simistic, feeli ly depressed ng in six mor n at all y disagree ly disagree ely agree	-
7. 3. 10. 11.	I can reduce it Please indicate how the hopelessness) you have 0 1 Not depressed at all On a scale of zero to 1 2 Very certain I can do light work for 1 2 Completely agree I can sleep at night: 1 2 Completely agree An increase in pain i 1 2 Completely disagree Physical activity mal 1 2 Completely disagree	depresse ive been 2 10, how 3 or an hou 3 s an indi 3 ces my p 3	d (e.g., de feeling in 3 certain a 4 ur: 4 cation tha 4 sain worse 4	the pase 4 the pase 4 the pase 4 the pase 5 the	ne-dum t week 5 aat you d stop	nps, sad :: 6 will be 6 6 what I : 5	, downhe 7 doing no 7 7 7 am doing 7 7	earted, in 8 ormal acti 8 8 9 until the 8 8	I low spi F vities o 9 Not 9 Co 9 Co pain de 9 C 9 C	can't re rits, pes 0 10 Extreme r worki 10 certain 10 mpletel 10 omplete ccreases 10 omplete ccreases 10	educe it at all simistic, feeli ly depressed ng in six mor n at all y disagree ly disagree ely agree	-